# WATERING YOUR CABBAGE

Cabbage roots do not go very deep. Therefore the top soil must be kept moist.

Let your soil type and the weather conditions guide you when watering.



A light, sandy soil will need more frequent watering than a heavy, clay soil.

N.B You will have to water your Cabbages during the hot and dry weather.

# HARVESTING

Your Cabbage will be ready to be harvest approximately 62 - 110 days or (9 - 16 weeks) after transplanting, depending on the variety.

Before reaping, check your cabbage heads to ensure they are firm .

Using a sharp knife cut approximately 2 inches below the head to avoid damage.

Handle your Cabbage with care throughout harvesting and transportation as they are delicate produce.

Produced by the Communications Unit May 1994

# GROWING CABBAGE SUCCESSFULLY



Adapted from: CARDI Factsheets No:CP-F/11 87 March 1992.

# **FAMILY NAME**

Brassica oleracea (from the Capita group)

# **GENERAL CHARACTERISTICS**

Cabbage range in colour from green to purple and are smooth to savoy (rippled). The time of maturity is generally affected by weather conditions but normally matures between 62 and 110 days (9 - 16 weeks).

# RECOMMENDED VARIETIES

# Tropicana:

A green flat head, very compact Cabbage that does well under hot and cool conditions. It is very early and matures approximately in 60 - 65 days in cool conditions and 80 - 85 days under hot conditions. It weights up to 7 lbs and is resistant to *Black Rot* and *Fusarium Oxysporium* (Stem Rot).

**Others:** K.K Cross

Fortuna Kono Cross Hybrid Genesis

DISEASES CONTROL

Black Rot Captan

Bacterial Soft Rot Seed borne disease.

Hot water

treatment of seeds by Ministry of Agriculture

# **PESTS**

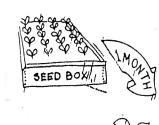
Budworms Dipel, Decis, Diamondback Moth Ekalux-Forte White Flies

# SOIL

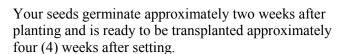
Cabbage can be grown in any good soil. Sandy and clay soils can be improved by adding well rotted pen manure before planting.

# **SEEDLINGS**

Seedlings can be prepared by using seedling boxes



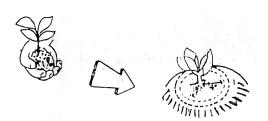
- 1. Prepare your seedling boxes by placing soil, preferable soil fertilized with Pen Manure, into the boxes.
- 2. Treat seeds with Sevin to prevent destruction by Ants and other soil insects.
- 3. Place seeds ½ inch deep in soil, one (1) seed per hole. Wet as often as necessary.



Remember to throw out all the weak and sickly-looking ones.

# **PLANTING:**

After 4 weeks your seedling should have 4-5 true leaves. They can be transplanted at this stage.



- 2. Remove seedlings from the seedbox with a small portion of soil around the roots.
- 3. Place in hole and firm up the soil around each seedling as you plant it. Space approximately 12 18 inches apart.

# **FERTILIZING**

Like all leafy vegetables, Cabbage prefers Nitrogen fertilizer.

- 1. At planting spread about a 1/4 match box of *compound fertilizer* (*commercial*) in a circle about 4-5 inches away form the stem of each plant. Cover with soil.
- 2. 5-6 weeks after planting, using 1/4 match box of *Sulphate of Ammonia* for each plant Cover with soil
- 3. 3-4 weeks after the second fertilizer application, add another 1/4 match box of *Sulphate of Ammonia* to the soil around each plant.

  Cover the fertilizer with soil